



**University of Minnesota Coaches Clinic  
October 25th, 2024**

**Hayden Zillmer**  
GWC Member  
2022 World Team Member  
NCAA All-American

**Michael Kemerer**  
U of M Assistant Coach  
5x NCAA All-American

**Troy Steiner**  
GWC Head Coach  
NCAA Champion  
4x NCAA All-American

<b>TIMES:</b>	<b>SCHEDULE:</b>	<b>INFORMATION:</b>
12:00-12:45	Registration/Check In	Bierman Athletic Building
12:45-1:00	Brandon Eggum	Welcome & 2024-25 Gopher Season Outlook
1:00-1:50	Hayden Zillmer	Technique
2:00-2:50	Michael Kemerer	Technique
3:00-3:50	Troy Steiner	Presentation: Coaching/Planning Your Season
4:00-4:50	Michael Kemerer	Technique
5:00-6:30	Coaches Clinic Social	Kollege Klub
6:30 – 8:00	Gopher Wrestling Simulation Matches	Wrestling Room

**\$125 UNIVERSITY OF MINNESOTA COACHES CLINIC** (This price includes the pre-registration discount)  
**\*ADDITIONAL \$25 FEE IF:** PRE-REG. FORM IS NOT RECEIVED BY **OCTOBER 21**, and for all walk-ups.  
**FOR ADDITIONAL INFORMATION**

**Contact:** Zach Sanders **Email:** [sande418@umn.edu](mailto:sande418@umn.edu) **Phone:** 651-927-9383  
**Website:** <https://www.gopherwrestlingclub.org/>

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Checks Payable To: **Minnesota Wrestling Events**  
 Mail Forms To: **P.O. Box 13306**  
**Minneapolis, MN 55414** (\*Must Receive by Oct. 21st to avoid \$25 late fee.)

<b>School/Club:</b>	<b>(\$125) MN Wrestling Events</b>	<b>(\$150) Late Registration</b>
<b>Name:</b>	<b>Email:</b>	<b>Cell Ph # (    )</b>
<b>Address:</b>	<b>State:</b>	<b>Zip:</b>
<b>City:</b>		